





# Suggested Hikes

# Hilzo

## Hike #1: Bearfence Rock Scramble

1-mile lariat, moderate, 1 hour hiking time, 311-foot elevation gain. This hike includes a rock scramble, which means you'll be pulling yourself up, over, and between boulders, using your feet and hands. Cross Skyline Drive and climb the stairs up the bank. At the trail post, continue straight ahead on Bearfence Loop Trail. After the rock scramble, turn right onto the connector trail. Go right on the Appalachian Trail north. At the intersection, turn left and return to the parking lot.

## Hike #2: Bearfence Viewpoint

No Rock Scramble 1.1-mile round trip, easiest, 3/4 hour hiking time, 305-foot elevation gain. This route eliminates the rock scramble from the hike. Cross Skyline Drive and climb the stairs up the bank. At the trail post, turn right onto the Appalachian Trail (A.T.) south. Go left on the connector trail, then turn right on Bearfence Loop Trail. You'll see the viewpoint on your right. Retrace your steps to the starting point.



### Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

### **Before You Go!**

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all times.
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water-at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and <a href="https://www.nps.gov/shen">www.nps.gov/shen</a>
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.